



New Vision Healing

## **Reduce Stress – Empower Yourself**

Let's reduce the stressors in your life, using a wonderful self healing technique called EFT - Emotional Freedom Technique or Tapping.

Bring your biggest stressors and I'll teach you how to use the self-healing tools to reduce their power over you and bring balance into your life.

Empower yourself and begin your healing journey today. Learning and applying these tools enables you to love more deeply, laugh with more joy and live more abundantly.

Investment \$40.00

Jean Buckborough, New Vision Healing  
[jean@newvisionhealing.com](mailto:jean@newvisionhealing.com)